

The logo features the word 'iCAN' in a white, italicized, sans-serif font, set against a dark purple, irregularly shaped background that resembles a football pitch or a stylized map of Suffolk. To the right of this graphic, the word 'Football' is written in a large, bold, dark purple, sans-serif font.

iCAN Football

It's everyone's game.

Football is for everyone, if you have a disability that includes you! Suffolk is full of opportunities that will be perfect for you.

Suffolk FA's iCAN Football programme is an inclusive programme which strives to provide footballing opportunities for people in Suffolk of all abilities especially targeted to those with physical, mental or learning impairments and long term health conditions.

The iCAN Football Project hopes to give more disabled people the confidence to enjoy football in a safe environment which promotes fun and inclusively for all people regardless of experience and ability. You don't need to have played football before to get involved!

We have five clubs across Suffolk which acts as hubs for Ability Counts Football, these clubs provide training and match opportunities for players of a wide range of ability and would love new players to join in with them. These are:

Bury Town Wanderers. – Hugo Corrie | hugocorrie@yahoo.co.uk | 07599 277085

Cornard Dynamos. – Amanda Plumb | amanda.plumb@bayer.com | 07950129850

Inspire Suffolk (Ipswich) – Connor Leeks ConnerL@inspiresuffolk.org.uk 07979191544

Kirkley & Pakefield– Christine Roe | christine.roe@thebefriendingscheme.org.uk | 07906758039

Waveney – Robert McCartney | leglessbob@hotmail.co.uk | 07583712315

At Suffolk FA we are passionate to ensure that our iCAN Football programmes are inclusive programmes which provide footballing opportunities for people in Suffolk of all abilities. We aim to provide inclusive, fun and accessible football for all people within Suffolk, and we would love for you to be involved!

For more information on Suffolk FA's iCAN Football programme, or any other disability football programmes, please contact Jodie Allard | Jodie.Allard@Suffolkfa.com | 07432735961.

For information on disability football clubs within Cambridgeshire, please contact Ashley Dean | Ashley.Dean@CambridgeshireFA.com | 01223 209034