

MRS SOUTH



I am...

- Adaptable
- Conscientious
- Diligent
- Friendly
- Fun
- Hard working
- Supportive
- Versatile

Important to me...

- My husband
- My family
- Doing my best
- Feeling happy
- Feeling like I'm making a difference
- Being challenged
- People acknowledging when I've tried my best

What makes me happy...

- Spending time with my husband
- A good book
- Tasty food
- People around me being happy
- Seeing my friends
- Watching Mary Poppins
- Tidiness and being organised
- Achieving my goals

How to support me...

- If I look worried – ask me what's wrong and encourage me to talk about it
- If I'm getting things wrong, tell me – so I can get it right in future
- Tell me when I'm doing something well.
- Write things down if you want me to do something/remember something – I can sometimes allow myself to get overloaded!